



## John Sigmund, Honor Swimmer, United States of America, 1965



Videos (please help if you can find any)

**John Sigmund** set the longest river swim record in 1940 swimming 469.9 km swim down the Mississippi River from St. Louis to Caruthersville in 89 hours and 48 minutes. He exited the water twice for medical treatment. This record held until 1981. John was a professional swimmer and baseball player. Prior to this swim, in 1939 he completed another Mississippi River of 23 miles from Alton to St Louis with his upper arms shackled. His swims were widely covered by the media at the time.

[Expanded Biography \(Openwaterpedia\)](#)