



**Pat Gallant-Charette, Honor Swimmer,  
United States of America, 2019**



[Personal Website](#)

Videos: [Interview 1](#) [Interview 2](#) [Show 1](#) [Panel 1](#) [Swim 1](#) [Swim 2](#)

**Pat Gallant-Charette** started her marathon career at age 58 and set many records as the oldest swimmer to complete challenges and swims. Below are some of the more important records.

She set the record as the oldest swimmer – with still holds at end 2024: Original Triple Crown (2023 – age 71); Molokai Channel (2017 – age 66); Lake Ontario South to North (2018 – age 66); Lake Tahoe length (2018 – age 67); Loch Ness (2018 – age 67); and North Channel (2016 - age 65).

She set the record as the oldest Female swimmer – with still holds at end 2024: Triple Crown (2018 – age 71).

Other records were set and then broken: Tsugaru Channel (overall 2012 – age 61 – Male broke in 2016 – Female still holds end 2024); around Manhattan (Female 2018 - age 67 – held until 2023);

Catalina Channel (Female 2011 – age 60 - held until 2012); and English Channel (Female 2017 - age 66 - held until 2018).

Pat has also clocked fast times including the Strait of Gibraltar in 2010: at the age of 59 in 3 hours and 28 minutes she was the third fastest woman of all time. Setbacks are part of life and part of marathon swimming. Pat endured 6 defeats in completing 6 of the Oceans Seven. The toughest were: North Channel pulled after 16+ hours – less than 1 mile from the finish and English Channel pulled 2.7 km from the finish.

[Expanded Biography \(Openwaterpedia\)](#)

[Long Swims Database \(Marathon Swimmers Federation\)](#)