



Lyndon Dunsbee, Honor Swimmer, Great Britain, 1988



On left

Videos: [Interview 1](#)

Lyndon Dunsbee set a male speed record in the English Channel in 1984 in 8 hours and 34 minutes – which held to 1985. He crossed the other way, England to France in 1989 in 9 hours and 3 minutes.

He won IMSHOF Honor Organization British Long Distance Swimming Association races: 3 times Windermere; 2 times Torbay; and Morecambe Bay. He completed a Torbay 2-way crossing, from Meadfoot to Brixham and back, in 2 hours, 40 minutes and 50 seconds in 1986. He placed 3rd (of 39) in the Faros Marathon in 1987.

Lyndon won 2 international marathon races: 26.4 km Lake Zurich in 1987 in 6 hours and 15 minutes and 22 km IJsselmeer in 1989 in 4 hours, 59 minutes and 38 seconds.

[Expanded Biography \(Openwaterpedia\)](#)

[Long Swims Database \(Marathon Swimmers Federation\)](#)