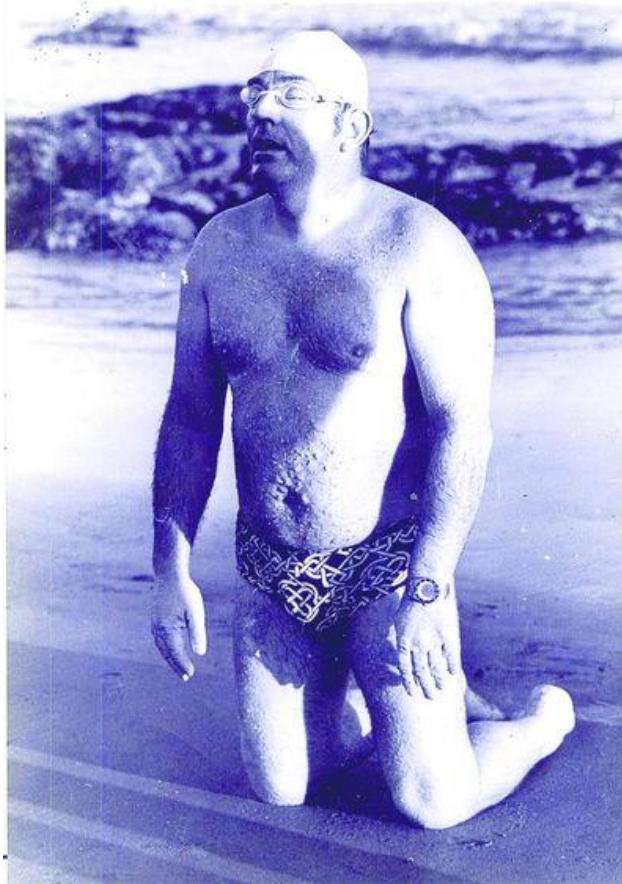




Ted Keenan, Honor Swimmer, Ireland, 1984



Personal Website (None known)

Ted Keenan was the first Irishman to swim the English Channel in 1972 in 18 hours and 11 minutes and crossed the Irish (North) Channel in 1973 in 8.8-11°C (48-52°F) waters. In 1975, he completed an original triple crown (together with Kevin Murphy the only two to date) by swimming the Bristol Channel from Glen Cove on the English Coast to Coney Beach at Portcawl, Wales in a record time of 14 hours and 26 minutes. Keenan also completed several charity swims in the Aid of Cancer Research, and for those with physically and mentally disabilities. He was the first honoree of the IMSHOF from Ireland.

[Expanded Biography \(Openwaterpedia\)](#)

[Long Swims Database \(Marathon Swimmers Federation\)](#)