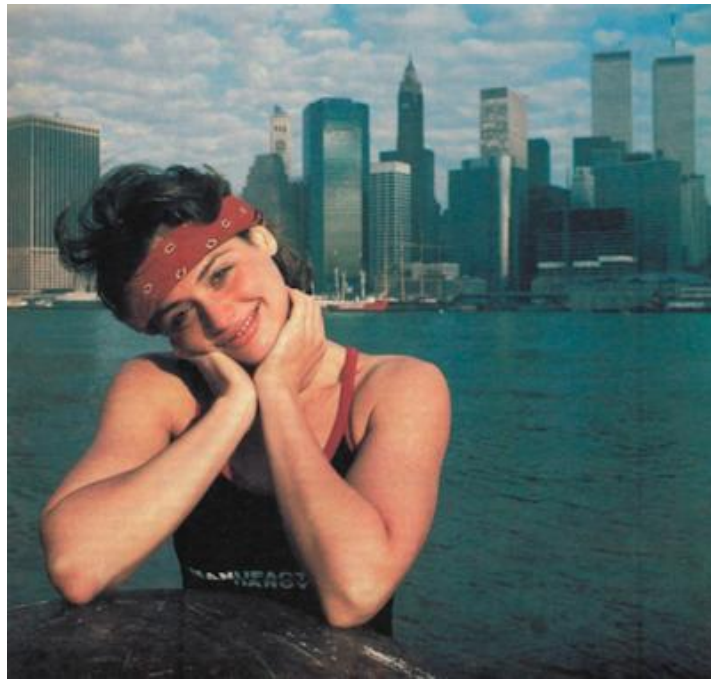




Julie Ridge, Honor Swimmer, United States of America, 1985



[Personal Website](#)

Videos: [Interview 1](#) [Shows 1](#) [IMSHOF 2023 at 7:30](#) [IMSHOF 2024 at 1:43:20](#)

Julie Ridge was the first to complete a double circumnavigation swim, 91.6 km, around Manhattan Island in New York City, USA in 21 hours and 2 minutes in 1983. Her swim took place just as this swim was getting established as a "public" swim. Julie was on the organizing committee from 1982 to 1991 and the resultant publicity from her swim helped greatly. She competed in the Manhattan Island race in 1984 and 3rd in 1986 in 8 hours and 9 minutes. In 1987 she completed the swim 5 times in five consecutive days with each swim in less than 9 hours. She was the "Queen of Around Manhattan" with 11 swims until 2020. Julie swam the English Channel in 17 hours and 55 minutes in 1982. She completed the Hawaiian Ironman and cycled across the USA in 47 days.

[Expanded Biography \(Openwaterpedia\)](#)

[Long Swims Database \(Marathon Swimmers Federation\)](#)