



**Freda Streeter, MBE, Honor Coach, Great Britain,
2005**



Videos: [Interview 1](#) [Documentary 1](#) [Show 1 at 31:26](#)

Freda Streeter, MBE started in marathon swimming as an observer and trainer for her daughter, IMSHOF Honoree Alison Streeter, MBE, a previous Queen of the Channel®. Alison eventually completed a record setting 43 crossings including her historic 34 hours and 40 minutes 3-way crossing of the English Channel in 1990 – which held until 2019.

Her son Neil is a successful channel pilot. Freda spent five months every year for more than twenty years training hundreds of English Channel swimmers on the weekends in Dover Harbour. Dozens of English Channel swimmers owe their success to Freda's training, support and advice.

[Expanded Biography \(Openwaterpedia\)](#)