



## Trent Grimsey, Honor Swimmer, Australia, 2018



[Personal Website](#)

Videos: [Interview 1](#) [Interview 2](#) [Documentary 1](#) [Swim 1 IMSHOF 2021 at 9:11](#)

**Trent Grimsey** won 1 Major: 2012 FINA Grand Prix Series. That same year, Trent set the speed record for the English Channel in a time of 6 hours and 55 minutes - which stood until 2023. He set the speed record in Capri to Naples in 2012 in 6 hours and 29 minutes – which held until 2013.

At the 2009 Open Water Swimming World Championships in Italy, Trent placed 2nd in the 25 km. In 2012 he won 3 FINA Open Water Swimming Grand Prix races and placed 2<sup>nd</sup> in another. He was first Australian male to win a FINA Grand Prix Series.

Trent coaches in Grimsey's Adult Swimfit and (as of 2024) has inspired and coached many successful solo swimmers and numerous relay teams across the English Channel.

[Expanded Biography \(Openwaterpedia\)](#)

[Long Swims Database \(Marathon Swimmers Federation\)](#)