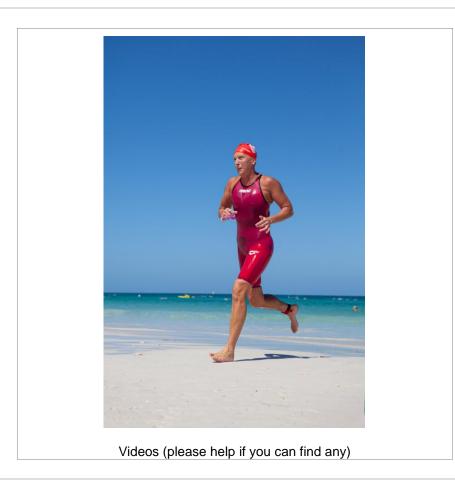


## **Bridget Young, Honor Swimmer, Great Britain, 1988**





**Bridget Young** competed internationally for five years in the late 1980s. She crossed the English Channel in 9 hours and 58 minutes in 1985. She competed in the 16 km Faros Marathon each year between 1986 and 1989 and achieved two times of 4 hours. Bridget achieved podium finishes in 2 Long Distance Swimming World Cups in 1986: Lake Windermere in England and Ismailia in Egypt. She finished second overall and first female in the 26.4 km Lake Zurich Marathon in 1987 with a time of 6 hours and 35 minutes. She relocated to Australia after her marathon career and is still actively swimming in 2024 (and beyond).

**Expanded Biography (Openwaterpedia)** 

Long Swims Database (Marathon Swimmers Federation)