



Trent Grimsey, Honor Swimmer, Australia, 2018



[Personal Website](#)

Videos: [Interview 1](#) [Interview 2](#) [Swim 1](#) [IMSHOF 1 at 9:11](#)

Trent Grimsey won 1 Major: 2012 FINA Grand Prix Series. That same year, Trent set the speed record for the English Channel in a time of 6 hours and 55 minutes - which stood in 2022 (and beyond). He set the speed record in Capri to Naples in 2012 in 6 hours and 29 minutes – which held until 2013.

At the 2009 Open Water Swimming World Championships in Italy, Trent placed 2nd in the 25 km. In 2012 he won 3 FINA Open Water Swimming Grand Prix races and placed 2nd in another. He was first Australian male to win a FINA Grand Prix Series.

Trent coaches in Grimsey's Adult Swimfit and (as of 2019) has inspired and coached 15 successful solo swimmers and numerous relay teams across the English Channel.

[Expanded Biography \(Openwaterpedia\)](#)

[Long Swims Database \(Marathon Swimmers Federation\)](#)