



**Dr. Caroline Block, Honor Swimmer,
United States of America, 2022**



Videos: [Interview 1](#) [Swim 1 IMSHOF 2022](#) [IMSHOF 2023 at 31:40](#)

Dr. Caroline Block completed several first ever swims: 2-way 103.6 km Lake George swim in 52 hours and 25 minutes; 1st female Santa Rosa Island to Goleta 44.3 km and Oxnard to Santa Cruz Island 30.6 km; and first swimmer to twice attempt 2-way crossings of the North Channel.

She earned the title of “Queen of the North Channel” with her 4th crossings in 2019 which stood in 2022 (and beyond). Other marathon swims include: English Channel; Finger Lakes 51.8 km; 1-way Lake George; Manhattan; DC marathon swim 33 km; Three Rivers 30km; and Swim the Suck 16.6 km.

As a deaf swimmer, she had to fight for access to the same basic information as other swimmers in group events: swim logistics, safety information, announcements, and last-minute instructions. This struggle tilted her swim resume toward varied long and difficult solo challenges and inspired her to advocate for greater inclusion in the sport.

[Expanded Biography \(Openwaterpedia\)](#)

[Long Swims Database \(Marathon Swimmers Federation\)](#)