



## Pat Gallant-Charette, Honor Swimmer, United States of America, 2019



[Personal Website](#)

Videos: [Interview 1](#) [Panel 1](#) [Swim 1](#)

**Pat Gallant-Charette** started her marathon career at age 58, completed the triple crown, and set 9 records as the oldest female swimmer – 7 still holding in 2022 (and beyond): Tsugaru Channel, 61 years in 19 hours and 36 minutes in 2012; North Channel, 65 years in 14 hours and 22 minutes in 2016; Molokai Channel, 66 years in 23 hours and 54 minutes in 2017; and Lake Ontario, 66 years in 24 hours and 28 minutes in 2018; Lake Tahoe, 67 years, in 20 hours in 2018; Loch Ness, 67 years, in 13 hours and 46 minutes in 2018; and around Manhattan, 67 years, in 10 hours and 53 minutes in 2018. She may well hold the overall oldest swimmer records for some of these swims. Two records were bested: Catalina Channel, 60 years 14 hours and 12 minutes in 2011 – held until 2012 and English Channel, 66 years in 17 hours and 55 minutes in 2017 - held until 2018.

Pat has also clocked fast times including the Straits of Gibraltar in 2010: at the age of 59 in 3 hours and 28 minutes she was the third fastest woman of all time. Setbacks are part of life and part of

marathon swimming. Pat endured 6 defeats in completing 6 of the Oceans Seven. The toughest were: North Channel pulled after 16+ hours – less than 1 mile from the finish and English Channel pulled 2.7 km from the finish.

[Expanded Biography \(Openwaterpedia\)](#)

[Long Swims Database \(Marathon Swimmers Federation\)](#)