



**Paul Asmuth, Honor Swimmer, United States of America, 1982**



Videos: [Interview 1 Show 1 at 3:20 Panel 1 Swim 1 at 5:10 Swim 2 at 8:15 Swim 3 IMSHOF 2021 at 8:43 ISHOF 1 IMSHOF 2026 at 1:29:50](#)

**Paul Asmuth** won 18 Majors: 1982, 1987 and 1988 Capri to Naples; 1980, 1981, 1982, 1983, 1984, 1985, 1987, and 1990 Around Atlantic City; and 1980, 1981, 1982, 1983, 1984, 1985 and 1986

World Professional Marathon Swimming Federation. He was the first to swim 50 km Nantucket-to-Cape Cod.

He swam the English Channel 3 times and set the men's record in 1985 in 8 hours and 12 minutes – which held until 1987. Paul set the speed record of 17 hours and 7 minutes in 1989 in the 64 km Lac t-Jean race – which stood in 2024 (and beyond). He won the 36 km Capri-Naples 3 times and set the overall speed record of 6 hours and 35 minutes in 1982 – which held until 2012. Paul set the overall speed record for the Around Manhattan swim in 1983 in 6 hour and 48 minutes which held for a day. He was a 4-time winner of the 27 km Les Quatorze swim in 50°F water and set the record of 5 hours and 35 minutes.

He finished 59 professional marathon swimming races. He won 6 times the 42 km Lac Memphrémagog race and 8 times the 36 km Around Atlantic City race. Paul swam the 34 to 40 km Lac St-Jean race 7 times and won 2 times.

Paul coached the USA National Team between 2006 and 2012 including the Beijing and London Olympics.

Asmuth was inducted into the International Swimming Hall of Fame in 2010 and received the Poseidon Award in 2026 from the International Swimming Hall of Fame: for high level achievement from personal effort or initiative in a field of endeavor that contributes to the performance of marathon swimmers or to the development and status of Marathon Swimming to the world. His autobiography “The Sport of the Soul” was followed by a children's book “The Adventures and Lessons of Theo and Violet Wonders of the Oceans”.

[Biography \(Openwaterpedia\)](#)

[Long Swims Database \(Marathon Swimmers Federation\)](#)